



THOMPSON FALLS PUBLIC SCHOOL  
Everything revolves around learning

**SEPTEMBER 2013**

**WELCOME  
BACK!**

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
1	2 <b>NO SCHOOL</b>	3 <b>WAFFLES</b> Pizza Carrots Fruit	4 <b>CEREAL</b> Chef Salad Rolls Pineapple	5 <b>FRENCH TOAST</b> Hot Dogs French Fries Baked Beans	6 <b>PANCAKES</b> Burritos Salad Bar Peaches	7
8	9 <b>WAFFLES</b> Hamburgers French Fries Fruit	10 <b>CN FR TOAST</b> Chicken Fajita Salad Fruit Apple Crisp	11 <b>MUFFIN</b> Pork Gravy Mashed Potato Rolls	12 <b>CEREAL</b> Tomato Soup Cheese Sandwich Pears	13 <b>PANCAKES</b> Chicken Strips Salad Bar Fruit <u>2:05 Dismissal</u>	14
15	16 <b>FRENCH TST</b> Chicken Patty Sandwich Tater Tots Fruit	17 <b>YOGURT</b> Taco Salad Fruit Cookie	18 <b>CEREAL</b> Turkey Noodle Soup Rolls Veggies	19 <b>OMELET</b> Country Fried Steak Mashed Potatoes Applesauce	20 <b>PANCAKES</b> Egg Rolls Salad Bar Fruit <u>2:05 Dismissal</u>	21
22	23 <b>CN FR TOAST</b> Ham & Veggie Wrap French Fries Fruit	24 <b>YOGURT</b> Chef Salad Rolls Mandarin Oranges	25 <b>CEREAL</b> Chili Cinnamon Roll Peaches	26 <b>BOILED EGG</b> Fried Rice Pineapple Pudding	27 <b>WAFFLES</b> BBQ Pork Salad Bar Fruit <u>2:05 Dismissal</u>	28
29	30 <b>CEREAL</b> Nachos Corn Fruit	1 <b>PANCAKES</b> Shrimp French Fries Salad	2 <b>BOILED EGG</b> Spaghetti Rolls Veggies	3 <b>YOGURT</b> Turkey Gravy Mashed Potatoes Green Beans	4 <b>WAFFLES</b> Sloppy Joes Salad Bar Fruit <u>2:05 Dismissal</u>	<b>Menu Subject to CHANGE</b>

Build a  
Healthy  
Lunch!



Choose at least 3 colors, make sure to take a fruit or vegetable to make a school lunch!

LSEA is an equal opportunity provider.